



**SOMAIYA**  
VIDYAVIHAR UNIVERSITY  
Somaia Sports Academy



Somaia Sports Academy

# Creating Champions with a Degree in Sports Science

**BSc Sports & Exercise  
Science**

**MSc Sports & Exercise  
Science**

**Diploma in Strength  
and Conditioning**

**Diploma in Sports and  
Coaching**

**Ph.D in Sports and  
Exercise Science**

## Admissions 2025

**50+**

National &  
International  
Players

**10,000+**

Players  
Under Coaching

**100+ Teams**

in 12 Sports  
State, National &  
International Level

**500+**

Tournament  
Participations  
Per Year

**238**

Tournaments  
Top 3 positions  
(2023)

**UGC**

Affiliated

**1<sup>st</sup>**

University with  
NSCA Recognition  
National Strength  
& Conditioning  
Association



**1 Star**

Sports Academy  
& Advanced Clubs  
AIFF, All India Football  
Federation License



**2**

Professional Football  
Teams  
Hero I - League Jr &  
Sub Jr Level



**NAAC 'A'**  
Accredited 2025



# Noteworthy Placements



Your journey to a thriving career starts here at Somaiya Vidyavihar University (SVU)



**Sanket Battu**

Junior scientist in sports and exercise at Kokilaben Dhirubhai Ambani Hospital and Medical Research Institute.



**Ibtisam Shaikh**

MSc Sports and Exercise Science  
Leeds Beckett University  
United Kingdom



**Neel Kadam**

Sports marketing intern  
Start up Field Flicks



**Sharvari Godse**

Aspire Insitute  
Strength and Conditioning



**Simarpreet Singh Negi**

Sports Management  
KJ Somaiya Institute  
of Management



**Shakshi Bhosale**

Sports Management  
KJ Somaiya Institute  
of Management



**Yash Kadam**

MSc Sports and Exercise Science  
Somaiya Sports Academy



**Aditya Vyas**

MSc Sports and Exercise Science  
Somaiya Sports Academy



**Devika Nair**

MSc Sports and Exercise Science  
Somaiya Sports Academy



**Avni Sapariya**

MSc Sports and Exercise Science  
Somaiya Sports Academy



**Rishant Kamble**

MSc Sports and Exercise Science  
Somaiya Sports Academy



# BSc Sports' Class Profile



**Kunal  
Raghav**  
National Level Football  
Mumbai FC



**Mihika  
Bandiwadekar**  
International Level  
Rhythmic Gymnastics



**Varun  
Rao**  
National Level  
Cricket



**Tanush  
Pandey**  
National Level Football  
Mumbai FC



**Suyash  
Chaudhary**  
International Level  
Tennis



**Vedant  
Raja**  
National Level  
Swimming



**Parveez  
Shah**  
National Level Football  
Mumbai FC



**Crystal  
Vadakel**  
National Gold Medal  
Athletics -100 meter Hurdles



**Meet  
Gagh**  
Sub Junior National  
Silver Medal Fencing



**Adiel  
Shaikh**  
National Level Football  
Mumbai FC



**Sanjana  
Gupta**  
National Level  
Karate



**Eekishaa  
Bhadsavale**  
National Level  
Athletics / 400 Meter

# BSc Sports' Class Profile



**Shreya  
Yadav**  
National Level  
Football



**Sharvay  
Kale**  
International Gold Medal  
Karate



**Parth  
Desai**  
National Level  
Chess



**Daksh  
Chavan**  
National Level  
Swimming



**Virendra  
Vichare**  
National Level  
Athletics



**Ajinkya  
Kardak**  
National Level  
Volleyball



**Shubham  
Das**  
National Level  
Judo



**Pawan  
Pandyam**  
National Level  
Judo





# Faculty Profile



**Dr Uttam Kendre**  
Former Sports Director,  
Mumbai University  
Professor Emeritus,  
Somaiya Sports Academy



**Dr Nitin Khanvilkar**  
PhD in Physical  
Education and Sports,  
Ex-National Player,  
Weightlifting



**Dr Shaonan Padte**  
Psychology, Yogic  
Sciences and  
Sports Ethics  
Ph.D Guide



**Arpan Chattopadhyay**  
Exercise Psychology  
and Injury Biomarkers



**Dr Brijesh Singh**  
Yoga Education, Yoga  
Philosophy, Yoga  
Therapy, Yogic  
Psychotherapy & Yogic  
Counselling, Applied  
Yoga and Research,  
Yoga and Literary  
Research



**Fizza Khan**  
Psychology Professor,  
Clinical Psychology,  
Psychotherapist,  
Mental Health  
Advocate,  
RCI Recognized Special  
Educator, Wellness &  
Resilience Coach,  
Research Enthusiast



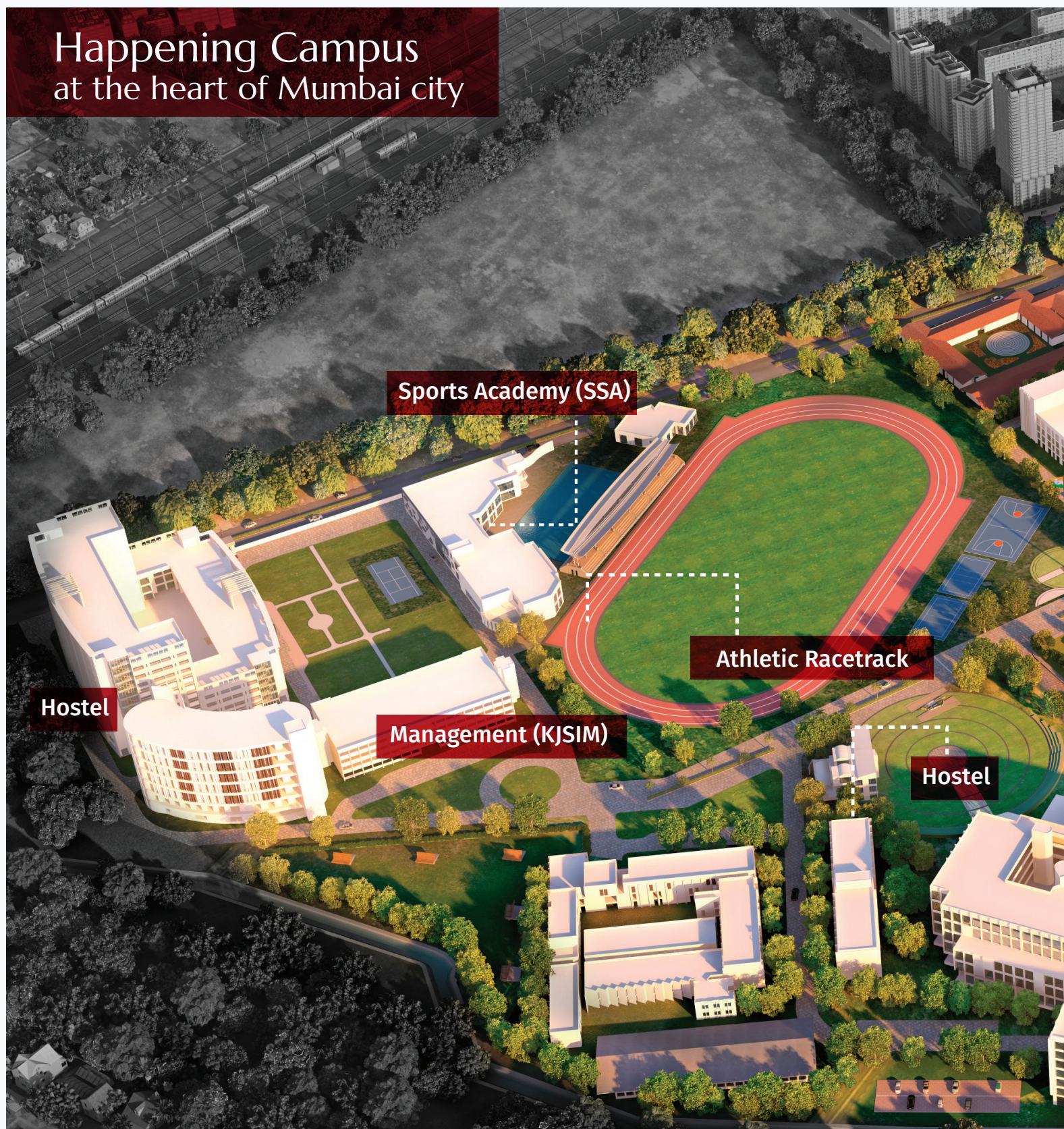
**Dr Jill Thakkar**  
Musculoskeletal  
Rehabilitation ,  
Ergonomic counselling,  
Instrument Assisted  
Tissue Mobilization  
practitioner, Mechanical  
diagnostics and soft  
tissue therapy



**Mr Sankalp Yadav**  
MSc Strength &  
Conditioning Loughborough  
University UK, Worked with  
high-performance national  
and international athletes  
across multiple sports,  
including football,  
cricket,diving, and  
badminton. Visiting Faculty



# Happening Campus at the heart of Mumbai city



## Live - Learn - Thrive

Celebrate life by experiencing a diverse environment of people! At Somaiya, we make sure students from all cultural backgrounds feel at home. The diversity of the students prepares you to make the world a better place. No matter what your culture is, Somaiya is committed to give you the best environment for your studies.



4 Hostels



11 Dining  
Options



20  
Libraries



20  
Acres Sports &  
Recreational Area



20+ Clubs  
like Rhapsody (drama),  
Gyrations (dance),  
Insignia (art), Shutterbugs  
(photography), etc



Music | Design Studies | Research

Arts & Commerce

Dharma Studies

Engineering (KJSSE)

K J Somaiya School of Education (KJSSEd)

riidl (Incubator Center)

Basic & applied sciences

Department of Library & Information Science

Events by students for students like



Abhiyantriki:  
Technical Festival



Symphony:  
Cultural Festival



Skream:  
Sports Festival



Prakalpa:  
Project / Paper Competition



Experiential Learning  
through Community  
Interventions



Mega Live Projects



Social Initiatives  
by Students



# Professional Coaching Staff

12

Sports Coaching

50+

Coaches

## Professional Coaching Staff



**Dinesh Rajak**  
Athletics Coach  
AFI DTO / Pre Level One  
From The Federation of India



**Trimbak More**  
Athletics Coach  
NSNIS 6 - Week  
Certification Course



**Swapnil Konda**  
Athletics Coach  
NSNIS 6 - Week  
Certification Course



**Tejaswini Pagare**  
Athletics Coach



**Dhanashree Kamble**  
Badminton Coach  
Level O Coaching Certification



**Sachine Baste**  
Badminton Coach  
NSNIS 6 - Week  
Certification Course



**Sohan Dhiman**  
Badminton Coach



**Swapnil Vedarkar**  
Badminton Marker



**Rupali Teke**  
Badminton Marker



# Professional Coaching Staff



**Pradeep Pandey**  
Basketball Coach



**Shiva Rajak**  
Basketball Coach  
Bachelor of Physical Education



**Jackson Kadarikota**  
Basketball Coach  
Certified Basketball Coach



**Mohit Singh**  
Cricket Coach  
ICC Level 2 Cricket Coaching Course



**Pratik Goregankar**  
Cricket Coach  
ICC Level 1 Cricket Coaching Course



**Purva Chavan**  
Cricket Coach  
Bachelor of Physical Education



**Nitin Barhate**  
Cricket Coach



**M Saad Ansari**  
Football Coach  
Asian Football Confederation Diploma (Licence) Coach



**Harshil Somaiya**  
Football Coach  
All India Football Federation C Licence



**Vinod Chhatre**  
Football Coach  
Asian Football Confederation All India Football Federation B Licence Coach



**Shamshad Khan**  
Football Coach  
All India Football Federation D Licence



**Ashitosh Dalai**  
Football Coach



# Professional Coaching Staff



**Saniya Faruqui**  
Football Coach  
Asian Football Confederation  
D Licence Coach



**Manuel Mendonca**  
Taekwondo Coach  
Certified Instructor



**Joe Shell**  
Taekwondo Coach  
Kukkiwon 1<sup>st</sup> Degree  
Black Belt



**Nileshkumar Chauhan**  
Taekwondo Coach  
Kukkiwon 1<sup>st</sup> Degree  
Black Belt



**Ajita Shahane**  
Judo Head Coach



**Adesh Gamre**  
Squash Coach  
ASF Certification



**Rahul Pawar**  
Squash Coach  
ASF Certification



**Rohit Kadam**  
Squash Coach  
World Level 1  
Coaching Licence



**Mona Chauhan**  
Squash Coach



**Sneha Gupta**  
Volleyball Coach  
Diploma In Volleyball,  
Federation International  
Specialist



**Rushica Badkar**  
Swimming Coach



**Shivani Kuvar**  
Swimming Coach



# Programme Structure

## BSc Programme Structure

4 yrs | 180 Credits

The student attains knowledge, understanding, interpreting, and analysing proficiency in a game of one's choice in the areas of training, talent identification, officiating, and coaching. Students gain an in-depth understanding of Exercise Physiology, Sports Psychology, Sports Bio-mechanics, Sports Management, Kinesiology, Applied Anatomy and Physiology, and Sports Nutrition.

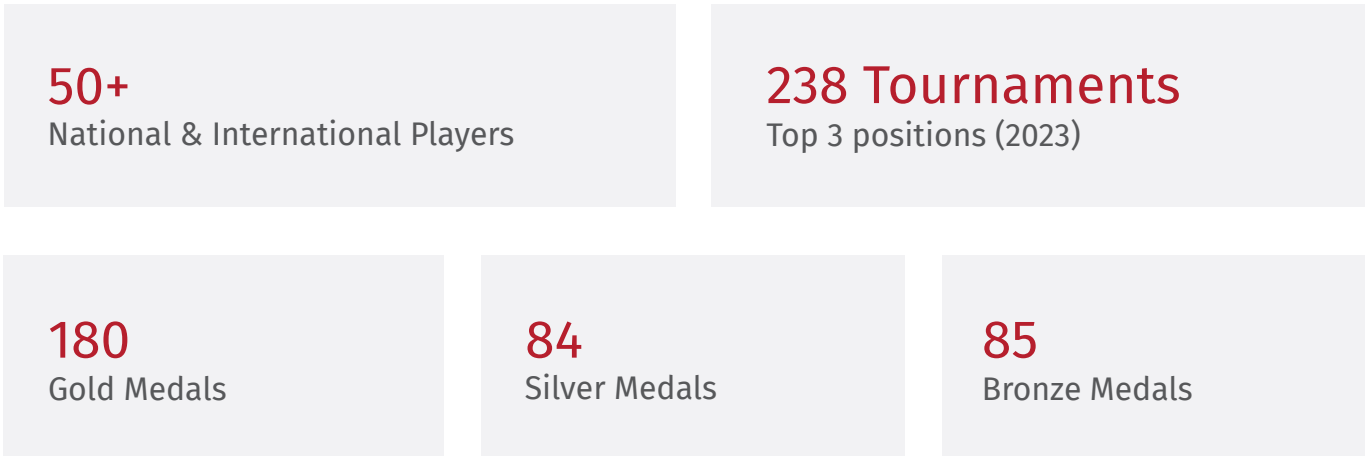
|                                                                                     |                                                                                                                           |                                                                                     |                                             |
|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------|
|    | <b>8 Sports Options</b><br>Athletics / Badminton / Basketball /<br>Cricket / Football / Squash /<br>Swimming / Volleyball |    | <b>Sports Event Management</b>              |
|    | <b>Mega Sports Events Internships</b><br>with IPL, FIFA, AIU, etc                                                         |    | <b>Training to Become the Coach</b>         |
|  | <b>Sports Technology Training /<br/>Field Orientation</b>                                                                 |  | <b>Advanced Sports Labs Training</b>        |
|  | <b>Sports Commentary &amp;<br/>Journalism</b>                                                                             |  | <b>Sports &amp; Exercise Nutrition</b>      |
|  | <b>Up to 100% Merit Scholarships &amp;<br/>Financial Aid – Rs 20 cr corpus</b>                                            |  | <b>Sports Merit-Based Scholarship</b>       |
|  | <b>Earn while Learn Scheme</b>                                                                                            |  | <b>Research Enhancement</b>                 |
|  | <b>Athletic Care &amp; Development</b>                                                                                    |  | <b>Study Abroad Option UK   US   Europe</b> |

## Career Options

|                               |                                 |                       |                                |
|-------------------------------|---------------------------------|-----------------------|--------------------------------|
| Professional Player           | Sports Coach                    | Performance Developer | MSc Sports & Exercise Science  |
| Fitness Trainer               | Strength and Conditioning Coach | Sports Scientist      | Sports Analytics / Specialists |
| Sports Medicine and Nutrition | Event Management Companies      | Sports Commentator    | Sports Media Management        |



# 2024 Performance & Achievements



## Athletics

- 47 Gold Medals
- 22 Silver Medals
- 17 Bronze Medals



## Badminton

- 3 Gold Medals
- 3 Silver Medals
- 2 Bronze Medals



## Basketball

- 11 Gold Medals
- 7 Silver Medals
- 4 Bronze Medals



## Cricket

- 3 Gold Medals
- 1 Silver Medal
- 3 Bronze Medal



## Football

- 3 Gold Medals
- 5 Silver Medals
- 3 Bronze Medals



## Judo

- 56 Gold Medals
- 12 Silver Medals
- 33 Bronze Medals



## Taekwondo

- 40 Gold Medals
- 20 Silver Medals
- 10 Bronze Medals



## Squash

- 3 Gold Medals
- 6 Silver Medals
- 5 Bronze Medals



## Volleyball

- 5 Gold Medals
- 2 Silver Medal
- 6 Bronze Medals



## Swimming

- 2 Gold Medal
- 1 Silver Medal



## Aquatics

- 1 Silver Medal



# Sports Infrastructure



## Athletics

8 lane X 400m international standard IAAF-certified synthetic track with steeplechase, long-jump and triple-jump pits



## Badminton

Two synthetic indoor badminton courts for year-round training, practice, and matches. Hosted multiple inter-collegiate tournaments.



## Basketball

Synthetic acrylic-coated basketball court



## Cricket

The ground has a lush-green outfield of international standard with a 68-metre boundary, and floodlights for night matches.



# Sports Infrastructure



## Football

65m x 105m natural grass field that has nurtured grassroot athletes for state and national level teams, and also served as a training ground for national and foreign teams.



## Swimming

An international standard-size swimming pool measuring 50m X 25m.



## Volleyball

Synthetic and mud-based volleyball courts for competitive training.



## Tennis

18m X 36m synthetic court with acrylic-coated surface used to train beginners and advanced tennis players on campus.



# Students' Achievements



**Apoorva Patil**  
International Level  
Judo

Gold Medallist, Judo,  
Commonwealth Games Walsall,  
England, 2019



**Mihika Bandiwadekar**  
International Level  
Rhythmic Gymnastics

District Sports Award



**Rahul Baitha**  
International Level  
Squash

Represented India in the  
World Junior Champs in  
Kuala Lumpur



**Rishikesh Bora**  
International Level  
Swimming

National Medallist and  
National Record Holder



**Sankalp Gawali**  
International Level  
Karate & Kickboxing

Gold Medallist - International  
Karate Championship  
Gold Medallist - Wako National  
Championship



**Sharvari Parulekar**  
International Level  
Athlete

Represented India,  
3<sup>rd</sup> Asian Youth Athletics  
Championship, Hong Kong

# Students' Achievements



**Shraddha Dixit**  
International Level  
Taekwondo

UP State Rani Lakshmi Bai  
Award



**Siddesh Pande**  
International Level  
Table Tennis

Represented India, ITTF  
Challenge Slovenian Open  
at Otočec and the Croatian  
Open in Zagreb



**Suyash Chaudhary**  
International Level  
Tennis

Qualified for 3 International  
Tournaments  
Ranked Top 20 in India  
Represented UP in school  
games



**Vidhi Teckchandani**  
International Level  
Kickboxing

Gold Medallist, Wako Indian  
Open International Kickboxing  
Tournament



**Nidhi Singh**  
International Level  
Athletics

Silver Medallist, 4 x 400m,  
Junior Asian Athletics  
Championship, Gifu Japan



**Crystal Vadakel**  
National Level  
Athletics

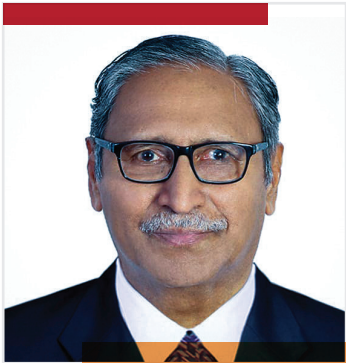
Gold Medallist - 80m Hurdles,  
National Level  
Gold Medallist - Triathlon  
100m Hurdles, State Level  
Gold Medallist - 100m Hurdles,  
Junior National Level



# Board of Studies of Somaiya Sports Academy



**Mr Aazaz Khan**  
Director of Somaiya Sports Academy The Chairman, Board of Studies



**Dr Jose James**  
Director of College Development Council (DCDC) I/c Director, School of Physical Education and Sports Sciences (SPESS) at Mahatma Gandhi University, Kottayam



**Dr Uttam Kendre**  
Former Sports Director, Mumbai University Professor Emeritus and Professor of Practice Somaiya Sports Academy Research Institute - Member



**Ms Manasi Joshi**  
World Champion - Para-Badminton Championship, KJSCE Alumni Alumni Industry - Member



**Prof Isaac Jacob**  
Area Chairperson, Marketing and International Business Professor at KJSIM



**Dr Priti Mehendale**  
Associate Professor at KJ Somaiya College of Physiotherapy, MPT - KEM Hospital



**Dr. Nitin Khanvilkar**  
Assistant Professor at Somaiya Sports Academy, Somaiya Vidyavihar University

# Sports Events



## Inter-Somaiya Institutes Sports

Number of participant teams: 24  
Hosted multiple tournaments for players, staff, and community outreach.  
Affiliating body: All India Sports Federation



All India Inter-University  
Squash Tournament 2023-2024

## All India Inter-University Squash Tournament (Men's / Women's)

Number of participant teams: 40+  
Level of the tournament: National  
Affiliating body: Association of Indian Universities (AIU), India



## Somaiya Dugout Intra-House Football Tournament

Number of participant teams: 5 Houses  
Level of the tournament: Intra-House



# Sports Events



## Somaia 7s

Is an intra-house cricket tournament played between 5 Houses (Hemis Snow Leopards, Kanha Tigers, Gir Lions, Kaziranga Rhinos, and Periyar Elephants)  
Number of participant teams: 5  
Level of the tournament: Intra-House



## Somaia Yonex Sunrise State Open Badminton Championship

Number of individual participants: 268  
Level of the tournament: State  
Affiliating body: MBA / GMBA



## Fit India Movement: Walk-the-Walk

Number of individuals attended: 1500+ inclusive of Somaia students, staff, and faculty members.

# Sports Events



## T-10 Somaia Women's Cricket Championship for Women, Open Age Category: Pink

Number of participant teams: 16  
Level of the tournament: Inter-Club



## TSS Football Championship

Number of participant teams: 18  
Level of the tournament: Intra-School

# Anti-Ragging

**Ragging in any form is punishable.** If you witness or experience ragging, report it immediately to Somaia Vidyavihar University Anti-ragging Committee at [antiragging.svu@somaia.edu](mailto:antiragging.svu@somaia.edu) or SVU Anti-ragging Helpline Number 1800-180-5522

- National Anti-ragging Helpline 1800-180-5522 {24x7 Toll Free) or
- Email the Anti-ragging Helpline at [helplin@antiragqins.in](mailto:helplin@antiragqins.in)



# Admission Process

## Step 1

### Check Eligibility and Selection Process:

| Programme Types | Programme Names                          | Duration | Fee Structure Per Year |
|-----------------|------------------------------------------|----------|------------------------|
| Undergraduate   | B.Sc Sports and Exercise Science         | 4 Years  | ₹ 2,35,000             |
| Postgraduate    | M.Sc Sports and Exercise Science         | 1 Year   | ₹ 1,65,000             |
| PHD             | Doctorate in Sports and Exercise Science | 3 Years  | ₹ 50,000/ per semester |
| Diploma         | Strength and Conditioning                | 1 Year   | ₹ 85000/-              |
| Diploma         | Sports and Coaching                      | 1 Year   | ₹ 85000/-              |

### Eligibility:

|                                          |                                                                                                                                                                                     |
|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| B.Sc Sports and Exercise Science         | Passed STD XII or equivalent from a recognized board with minimum aggregate score of 45%                                                                                            |
| M.Sc Sports and Exercise Science         | Bachelors in Sports and Exercise Science or Physical Education with pre-requisite certificate or diploma in sports and exercise science or sports achievement preferably Nationals. |
| Doctorate in Sports and Exercise Science | Masters in Sports and Exercise Science or Masters in Strength and Conditioning from a recognized university with pre-requisite of certificate or diploma in sports sciences.        |
| Diploma in Strength and Conditioning     | 10+2 with participation in sports (State, National, or AIU participation)                                                                                                           |
| Diploma in Sports and Coaching           | 10+2 with participation in sports (State, National, or AIU participation)                                                                                                           |

### Selection process:

|                                          |                                                                                                                                                                   |
|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| B.Sc Sports and Exercise Science         | Candidates must qualify for the Somaiya Vidyavihar University Entrance Test (SVUET) for Sports Followed by a Physical Efficiency Test (PET) and Online Interview. |
| M.Sc Sports and Exercise Science         | Candidate qualified for the admission interview will get the offer letter for admission                                                                           |
| Doctorate in Sports and Exercise Science | Candidates must qualify for the PHD entrance test conducted by SVU followed by an Interview.                                                                      |
| Diploma in Strength and Conditioning     | Physical Efficiency Test                                                                                                                                          |
| Diploma in Sports and Coaching           | Physical Efficiency Test                                                                                                                                          |

## Accommodation

| Room Type           | Triple Sharing (Non-Ac)  | Double Sharing (Non-Ac) |
|---------------------|--------------------------|-------------------------|
| Hostel Fees / Annum | ₹ 2,73,072               | ₹ 3,93,880              |
| Mess charges        | ₹ 60,000/- for 10 Months |                         |

**Note:** This accommodation charge is for 10 months including 4 meals a day. Please refer to the website for more information.

Step 2

Apply Online:

Application Fee: UG - ₹ 500 / PG - ₹ 1000  
Non-refundable and non-transferable  
under any circumstances

Scan to apply:



<https://admission.somaiya.edu/>

Step 3

Admissions Rounds and Important Dates:

**Round 1**  
**Early Bird Application or SVUET First Session**

Application Dates:  
15<sup>th</sup> Jan to 20<sup>th</sup> April 2025

Interview Date :  
Last Week of April 2025

**Round 2**  
**Scholarship Application or SVUET Second Session**

Application Dates:  
21<sup>st</sup> April to 20<sup>th</sup> May 2025

Interview Date :  
Last Week of May 2025

**Round 3**  
**Last Round of Application or SVUET Third Session**

Application Dates:  
21<sup>th</sup> May to 12<sup>th</sup> June 2025

Interview Date :  
Mid Week of June 2025

**Round 4**  
**Admissions Against Vacancy**

Application Dates:  
13<sup>th</sup> June to 1<sup>st</sup> July 2025

Interview Date :  
1st Week of July 2025

**Important Note:**

- Waitlisted candidates are considered for the next admission round
- Candidates who don't get first preference are considered for the next admission round for betterment

Step 4



Provisional Admission Letter -  
Selected candidates receive an  
offer letter

Step 5



Document  
Verification

Step 6



Confirm Admission - Provisional  
admission is confirmed on the basis  
of payment of the seat acceptance  
fee, subject to document verification

**Note:** Please refer to the website for detailed information on eligibility criteria.

Details of Somaiya Vidyavihar University Entrance Test – SVUET 2025

Somaiya Vidyavihar University Entrance Test 2025

|                                            |                                          |                                           |                                          |
|--------------------------------------------|------------------------------------------|-------------------------------------------|------------------------------------------|
| Session 1 -<br>21 <sup>st</sup> April 2025 | Session 2 -<br>21 <sup>st</sup> May 2025 | Session 3 -<br>13 <sup>th</sup> June 2025 | Session 4 -<br>2 <sup>nd</sup> July 2025 |
|--------------------------------------------|------------------------------------------|-------------------------------------------|------------------------------------------|

Important SVUET Instructions:

1. SVUET will be conducted in English.
2. SVUET is a Mobile-Based Proctored Exam.

Somaiya Vidyavihar University Entrance Test Pattern 2025

| Subjects                      | MCQs | Marks | Mode of Examination         |
|-------------------------------|------|-------|-----------------------------|
| General Awareness             | 10   | 10    | Mobile-Based Proctored Exam |
| Sports Science and Technology | 10   | 10    |                             |
| Specialised Sports Knowledge  | 10   | 10    |                             |

**Note:** Please refer to the website for detailed information on eligibility criteria.



SVU Faculty Research Excellence

|                                           |                                                         |
|-------------------------------------------|---------------------------------------------------------|
| 220<br>Research<br>Scholars               | 107<br>PhD<br>Guides                                    |
| 114<br>Sponsored Research<br>Projects     | ₹ 671 Lakh<br>Research<br>Grants                        |
| 34<br>Patents<br>Filed                    | 28<br>Patents<br>Granted                                |
| 909<br>Total Number of<br>Research Papers | 103<br>Total Number of<br>Books / Chapters<br>Published |



**Mr Aazaz Khan**  
Director, Somaiya Sports Academy  
Somaiya Vidyavihar University



Mr Aazaz Khan, Director, Somaiya Sports Academy, with Dr Brent Alvar, NSCA Board President, and, Gregory Nockleby, International Relations Officer at 'Bridging the Gap' NSCA Global Conference in Munich, Germany.

# Success stories begin at Somaiya Vidyavihar University

Happy to Guide

Scan  
to apply



+91 70282 33777

+91 8657405673

admission@somaiya.edu



@Somaiya Vidyavihar University



@SomaiyaVidyavihar



@somaiyavidyaviharuniversity



somaiyavidyavihar.blog