



Somaiya House Cup Athletics, 2026

Dates of Athletics Meet: 6th April 2026

Venue: Athletics Track, Somaiya Vidyavihar University Campus

Contact Person:

Mr. Dinesh Rajak, Head Athletics Coach, Mobile Number: 9029365071

Mr. Yogendra Chahar, Head of Athletics Development: 8281258817

Mr. Trimbak More, Athletics Coach, Mobile Number: 8652313407

Reporting time: 8:00 Am. On 6th April 2026

Mandatory Requirement – Somaiya ID Card

- a. All participants must bring their valid Somaiya College ID Card.
- b. Without a valid ID card, participation in any event will not be permitted.
- c. Only current academic year students assigned to proper houses and having paid the current year fees will be eligible to participate.

Note :- The Tournament Committee reserves the right to change or modify the rules as deemed necessary.

General Rules for Conducting of Somaiya House Cup (Athletics)

1. The Somaiya House Cup – Season 1 (Athletics) will be conducted on 6th April 2026.
2. The meet will be conducted in accordance with the rules of the Athletic Federation of India, with necessary modifications as per Somaiya Sports Regulations.
3. The Mixed Relay team must consist of **two men and two women** from the same house. The race must start and finish with male athletes.
4. An athlete may participate in a maximum of **two individual events**, excluding the Mixed Relay.
5. The following events will be conducted for both Men and Women: -
 - a. **100m**
 - b. **200m**
 - c. **400m**
 - d. **800m**
 - e. **Long jump**
 - f. **Shot put**
 - g. **4 x 100m Mixed Relay (2 Men + 2Women)**

NOTE: The weight of the shot put will be verified and finalized by the Tournament Committee prior to the event.

6. Athletes must compete in proper sports attire: running shoes or spikes (small spikes only), T-shirt, and shorts.
7. In the Mixed Relay event, if four names are submitted in the eligibility proforma and all four athletes report for the meet, all four members will receive medals and certificates, irrespective of who competes in the final.
8. **Mixed Relay teams composed of participants from different houses will not be permitted.**
9. Medals and Merit Certificates will be awarded to the top three positions only. **No participation certificates** will be issued.
10. Performance records up to 5th place will be maintained. If a 5th place is not applicable, records up to 4th place will be maintained. These records will be available with the Sports Department for future reference.
11. The **Best Athlete Trophy (Men's and Women's)** will be awarded to the best overall performer of the Athletics Meet.

WAIVER OF INJURY / INDEMNITY

I/We hereby declare and confirm, through submission of the online registration form, that I/we shall hold the organizers harmless and release them from any and all liabilities for any injury sustained in connection with participation in the above-mentioned meet.

I/We expressly confirm that no claim for compensation shall be made against the organizers in connection with this meet. Any medical assistance provided during the event shall be limited to First Aid only.

I/We further consent to photographs and video recordings taken during the event being used for publicity or promotional purposes in the future, without any claim for compensation.